ELLINGTON ACTIVITIES AARCH

Legend

(AT) Community Centre Atrium/Cafe (AA) Ellington Activity Area (L) Library (TR) Tea Room (FR) Fitness Room (C) Chapel (CC) Community Centre (GR) Games Room **Community Centre** (M) Main Lobby (4) Nottingham

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sign up for our monthly events/outings with Recreation staff. Transportation within Guelph \$6 & \$10 Outside. All programs are subject to change. *Cancellation required 48hrs prior or subject to payment*

> Wednesday March 6th @8:00am Uptown Grill Breakfast Outing Sign up by: Monday March 4th Cost: \$6 Transportation + Breakfast \$

> Tuesday March 19th @1:30pm Indoor Simulated Golf

Sign up by: Sunday March 17th Cost: \$6 Transportation + \$5 to play

> Saturday March 23rd @9:30am Country Drive Sign up by: Thursday March 21st Cost: \$10 Transportation

> Tuesday March 26th @5:00pm Pizza Hut Supper Club

Sign up by: Sunday March 24th Cost: \$15 Meal Includes: Choice of Pizzas: Pepperoni, Hawaiian, Veggie & a side Caesar Salad Dessert: Cinnaparts® (Cinnamon Bun) Beverage: Soft Drink **Alcohol +\$4**

Friday March 29th @ 1:00pm Butterfly Conservatory Outing

Sign up by: Wednesday February 27th Cost: \$10 Transportation + Admission & Spending \$

Dir. of Recreation &

Volunteer Services: Marta Braga Ext. 2227 **Recreationists:**

Michelle Holland

Ext. 2366 (Ellington) Tonya Botting, Ali Van

Elswyk & Katie Lammert | 3:00-4:00 Fitness Room Ext. 2232

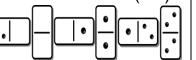
Tracy Oliver Ext. 2496 (Nottingham & Ret +)

Chaplain: Pastor Mike Ext. 2248

9:15 Short Stories (L) 10:00 Simply Stretch (M) 10:45 Word Connect (M) 2:00 Shamrock Shake Social (M)

2:45 Afternoon Tea (TR)

Exercises (FR) 3:15 Dominoes (TR)



SATURDAY

9:00 Skip-Bo (TR) 2:00 Movie Matinee **Showing: "The Last Laugh**" (4)



2:45 Afternoon Tea (TR)

9:00 Coffee Time (TR) 10:00 Catholic Communion (PD) 10:30-11:30 Fitness Room Exercises (FR)

2:00 Chapel Service with Pastor Mike (C) 2:45 Specialty **Coffee Hour (AT)** \$4.00/coffee with alcohol

2:45 Afternoon Tea (TR)

9:15 Reminiscing (L) 10:00 Exercises (AA) 11:00 Alphabet Challenge (L) 11:00 Bookmobile (Outside AT) 1:15 Crosswords (M) 2:15 Google Earth (M) 2:45 Afternoon Tea (TR) 3:15 Hymn Sing (M) 6:00-7:00 Fitness Room Exercises (FR)

9:15 French Vanilla Social (TR) 10:15 Artists Corner (L)

10:30 St. Andrews Presbyterian Comm. (C)

11:15 Dice Game: Unlucky 7's (L) 1:15 Bible Trivia (L) 2:00 VON Physio Exercises (AA) 2:45 Afternoon Tea (TR) 4:00 Classical Piano with Theola (M) 6:15 5 Cent BINGO (AT)

Ash / Wednesday

8:00 Breakfast Outing to **Uptown Grill (Sign up)**

11:15 Pics & Words (M) 1:00 Blood Pressure Clinic (M) 2:00 Travelogue to Ireland (M)

2:45 Afternoon Tea (TR) 4:00 Classical Piano with Theola (M)

11:30 Truth or Blarney Trivia (L) 1:15 Geography Bee (L) 2:00 Music with Gary (CC)

2:45 Afternoon Tea (TR) 3:15 Bible Study (AA) 3:30-4:30 Fitness Room Exercises (FR) 4:00 Classical Piano with Theola (M)

6:15 5 Cent Bingo (AT)

10:00 Irish Scavenger Hunt (Meet in M) 11:15 Creative Corner: Shamrock Ribbon Pins (L)

1:15 Word Searches (L) 2:00 VON Physio Exercises (AA) 2:45 Afternoon Tea (TR) 3:00-4:00 Fitness Room Exercises (FR) 3:15 Sit & Knit (L)

9:00 Skip-Bo (TR) 11:15 Table Tennis (CC) 2:00 Movie **Matinee Showing:** "Let There Be Light" (4)



2:45 Afternoon Tea (TR)

WEDNESDAY **THURSDAY** SUNDAY MONDAY TUESDAY FRIDAY SATURDAY 15 10 11 12 2:00 St. Patrick's Happy 9:15 Irish Folk Who Am I? (L) 9:00 Coffee Time (TR) Zeke & Pippi will be here to 9:15 Short Stories (L) 9:00 Skip-Bo (TR) 10:00 Food Committee 9:45 Royal Bank Visit (PD) visit all morning in the Private 10:00 Exercises (AA) **Hour with Puslinch** Meeting (AA) 9:15 Coffee Time (TR) Dining Room. Make sure you 10:00 Crokinole (AA) **Country Squires (CC)** 10:45 Irish Word 10:30 Shuffleboard Bowling (AA) 10:00 R.C. Comm.(PD) come sav hello! 11:00 Canadian Trivia (L) 10:30-3:00 Golden Age Scrambles (L) 2:45 Afternoon Tea (TR) 10:30-11:30 Fitness Room 2:00 VON Physio Apparel (CC) 2:00 Silvertones Choir 3:30-4:30 Fitness Room Exercises (FR) 11:00 Bookmobile (Outside AT) Exercises (AA) Concert (CC) 11:00 Classical Music with 11:15 Ante Ùp (L) Exercises (FR) 2:45 Afternoon Tea (TR) 2:45 Afternoon Tea (TR) Catherine (Nottingham) 1:15 Shake Loose a Memory (L) 3:15 Bible Study (AA) 3:15 Guided Relaxation (AA) 2:00 Chapel Service with 2:00 VON Physio Exercises (AA) 3:00-4:00 Fitness Room 4:00 Classical Piano 4:00 Classical Piano John Fairchild (C) 2:45 Afternoon Tea (TR) Exercises (FR) with Theola (M) Performance" (CC) with Theola (M) 3:15 Hymn Sing (M) 2:45 Specialty Coffee 2:45 Afternoon Tea (TR) 3:30 Pass the Parcel (L) 6:00-7:00 Fitness **6:15 5 Cent Bingo (AT)** Hour (AT) \$4.00/coffee with **6:15 5 Cent Bingo (AT)** Room Exercises (FR) 4:00 Classical Piano alcohol with Theola (M) 2:45 Afternoon Tea (TR) 20 22 18 19 21 9:15 Coffee Time (TR) 9:15 Skip Bo (TR) 8:00 Breakfast Club (AT) 1:15 Name 6 (L) 9:15 Spot the Difference (M) 10:00-2:30 Stars of Modern 10:15 Pictionary (L) 2:00 Wine and Cheese Party 10:00 Disability Tax 10:00 Indoor Walks **Jewellery (CC)** 10:30 St. Georges Anglican 9:15 Coffee Time (TR) with Manvir (CC) **Presentation (CC)** (Meet in M) Church (C) 10:30 Crosswords (M) 10:00 Chefs Corner: Cookies 10:00 Catholic 10:00 Roman 11:00 Bookmobile (Outside AT) 11:15 Artists Corner (L) Communion (PD) for Tea Time (AA) 11:15 Short Stories (L) 1:30 Indoor Golf Catholic Mass (C) 10:30-11:30 Fitness Room 11:15 Word Mining (L) 1:15 Card game UNO (TR) **Outing (Sign Up)** 11:00 Sing A Long (M) 1:15 Short Stories (L) Exercises (FR) 2:45 Afternoon Tea (TR) 2:30 VON Physio 2:00 Shuffleboard Bowling (AA) 2:00 Chapel Service with 1:15 Crokinole (AA) 3:15 Bible Study (AA) 2:00 VON Physio Exercises (AA) 2:45 Afternoon Tea (TR) 3:30-4:30 Fitness Room Church of the City (C) Exercises (AA) 2:00 Geography Bee (L) 3:00 Resident Council 2:45 Afternoon Tea (TR) Exercises (FR) 2:45 Afternoon Tea (TR) 2:45 Specialty 3:15 Name that Tune (L) Meeting (TR) 2:45 Afternoon Tea (TR) Irish Coffee Hour (AT) 6:00-7:00 Fitness Room 4:00 Classical Piano 4:00 Classical Piano 3:00-4:00 Fitness Room 4:00 Classical Piano with with Theola (M) Exercises (FR) \$4.00/coffee with alcohol Exercises (FR) with Theola (M) Theola (M) 6:45 Rotary Bingo (AT) 3:15 Sit & Knit (L) 2:45 Afternoon Tea (TR) **6:15 5 Cent Bingo (AT)** 24 26 **27** 28 29 9:30 Salvation Army Band (CC) 9:00 Shake Loose 9:30 Creative Corner: Spring 9:00 Be the Judge (L) 9:15 Pics & Words (M) 9:00 Coffee Time (TR) 10:00 R.C. Communion (PD) a Memory (L) Birds Craft (L) 10:00 Music and Rhythm 10:00 Simply Stretch (M) 10:00 Exercises (AA) 10:30 Fitness Room Exercises 10:00 Flavoured Coffee 11:00 Discussion: The Swiss with Krystyna (M) 11:00 Current Events (L) 11:00 Classical Music with 11:00 Word Connect (M) Tasting (L) Catherine (Nottingham) 1:00 Butterfly Army Knife (L) 2:00 Birthday Party with 11:00 Bookmobile 2:00 Chapel Service **Conservatory Outing**

30

With Pastor Mike (C) 2:45 Specialty Coffee Hour (AT) \$4.00/coffee with alcohol 2:45 Afternoon Tea (TR)

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9:00 Coffee Time (TR) 10:00 R.C. Communion (PD) 10:30 Fitness Room Exercises 2:00 Hymns with Joy (C) 2:45 Specialty Coffee Hour (AT) \$4.00/coffee with alcohol 2:45 Afternoon Tea (TR)

(Outside AT) 11:00 Simply Stretch (M) 1:15 Last Letter Game (L) 2:15 Shuffleboard Bowling (AA) 2:45 Afternoon Tea (TR) 3:15 Bridge & Euchre (TR) 6:00-7:00 Fitness Room Exercises (FR) 6:30 Hymns with David (M)

1:15 Name that Tune (L) 2:00 VON Physio Exercises (AA) 3:15 Guided Relaxation (AA) 2:45 Afternoon Tea (TR) 4:00 Classical Piano with Theola (M) 5:00 Pizza Hut

Supper Club (AT)

Celebrity **Productions (CC)**



3:45 Chicken Soup for the Soul Reading (L) 4:00 Classical Piano with Theola (M)

Exercises (AA) 2:00 Travel to Greece (CC) 2:45 Afternoon Tea (TR) 3:15 Bible Study (AA) 3:30-4:30 Fitness Room Exercises (FR) 4:00 Classical Piano with Theola (M)

1:15 VON Physio

(Sign Up) 1:15 Dominoes (TR) 2:15 Classical Music Appreciation (L) 2:45 Afternoon Tea (TR) 3:00-4:00 Fitness Room Exercises (FR) 3:15 Wheel of Fortune (M)

10:00 Creative **Expressions with** Barbara (CC) **2:00 Movie Matinee Showing:** "Lord of the Dance Irish Dancing

2:45 Afternoon Tea (TR)

9:00 Skip-Bo (TR) 9:30 Country Drive Outing (Sign Up) 2:00 Movie Matinee Showing: "Evan Almighty"



2:45 Afternoon Tea (TR)

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9:00 Skip-Bo (TR) 10:00 Pet Visits with Beth and Petrie (PD) 11:15 Table Tennis (CC) 2:00 Movie **Matinee Showing:** "Mr Beans Holiday" (4)



2:45 Afternoon Tea (TR)